

**Chiropractic Connection
Candida Questionnaire**

Circle Each Score that Applies to You

1	Have you taken tetracyclines or other antibiotics for acne for 1 month (or Longer)?	35
2	Have you at any time in your life taken a broad-spectrum antibiotics or other antibacterial medication for respiratory, urinary, or other infection for two months or longer, or in shorter courses four or more times in a one-year period?	35
3	Have you taken a broad-spectrum antibiotic drug - even in a single dose?	6
4	Have you, at any time in your life, been bothered by persistent prostatitis, vaginitis, or other problems affecting your reproductive organs?	25
5	Are you bothered by memory or concentration problems-do you sometimes feel spaced out?	20
6	Do you feel "sick all over" yet, in spite of visits to many different physicians, the causes haven't been found?	20
7	Have you been pregnant.....	
	Two or more times?	5
	One time?	3
8	Have you taken birth control pills.....	
	For more than two years?	15
	For six months to two years?	8
9	Have you taken steroids orally, by injections or inhalation...	
	For more than two weeks?	15
	For two weeks or less?	6
10	Does exposure to perfume, insecticides, fabric shop odors, and other chemicals provoke...	
	Moderate to severe symptoms?	20
	Mild symptoms?	5
11	Does tobacco smoke really bother you?	10
12	Are your symptoms worse on damp, muggy days, or in moldy places?	20
13	Have you had athlete's foot, ring worm, "jock itch", or other chronic fungous infections of the skin or nails? If so have such infections been...	
	Severe or persistent?	20
	Mild to moderate?	10
14	Do you crave sugar?	10

Write in score for only symptoms that apply to you using the following scale: 3 for mild or occasional - 6 for moderate or frequent - 9 for disabling or severe

15	Fatigue or lethargy?	
16	Feeling of being "drained"?	
17	Depression or manic depression	
18	Numbness, burning, or tingling?	
19	Headaches?	
20	Muscle aches?	
21	Muscles weakness or paralysis?	
22	Pain and/or swelling in joints?	

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23	Abdominal pain?	
23	Constipation and/or diarrhea?	
25	Bloating, belching, or intestinal gas?	
26	Troublesome vaginal burning, itching, or discharge? (women only)	
27	Prostatitis? (men only)	
28	Impotence? (men only)	
29	Loss of sexual desire or feeling?	
30	Endometriosis or infertility? (women only)	
31	Cramps or other menstrual irregularities? (women only)	
32	Premenstrual tension? (women only)	
33	Attacks of anxiety or crying?	
34	Cold hands or feet, low body temperature?	
35	Hypothyroidism?	
36	Shaking or irritable when hungry?	
37	Cystitis or interstitial cystitis? (inflammation of the bladder - UTI)	
38	Drowsiness, including inappropriate drowsiness?	
39	Irritability?	
40	Incoordination?	
41	Frequent mood swings?	
42	Insomnia?	
43	Dizziness/loss of balance?	
44	Pressure above ears...feeling of head swelling?	
45	Sinus problems...tenderness of cheekbones or forehead?	
46	Tendency to bruise easily?	
47	Eczema, itching eyes?	
48	Psoriasis?	
49	Chronic hives?	
50	Indigestion or heartburn?	
51	Sensitivity to milk, wheat, corn, or other common foods?	
52	Mucus in stools?	
53	Rectal itching?	
54	Dry mouth or throat?	
55	Mouth rashes, including "white" tongue?	
56	Bad breath?	
57	Foot, hair, or body odor not relieved by washing or unresolving nail fungus?	
58	Nasal congestion or post nasal drip?	
59	Nasal itching?	
60	Sore Throat?	
61	Laryngitis, loss of voice?	
62	Cough or recurrent bronchitis?	
63	Pain or tightness in chest?	
64	Wheezing or shortness of breath?	
65	Urinary frequency or urgency?	

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66 Burning on urination?	
67 Spots in front of eyes or erratic vision?	
68 Burning or tearing of eyes?	
69 Recurrent infections or fluid in ears?	
70 Ear pain or deafness?	

Grand Score Total

Scoring

Yeast - connected health problems are almost certainly present in women with scores more than **180** and in men with scores more than **140**.

Yeast - connected health problems are probable present in women with scores more than **120**, and in men with scores more than **90**.

Yeast - connected health problems are possibly present in women with scores more than **60**, and in men with scores more than **40**.

With scores less than 60 in women and 40 in men, yeasts are less apt to cause health problems.